

## Thanet Road Club – Evening 10 Time trials 2020

### Guidance V3 15-08-2020

We are planning to run individual time trials for TRC members 1<sup>st</sup> and 2<sup>nd</sup> claim only, from Wednesday 22<sup>nd</sup> July 2020 until Wednesday 2<sup>nd</sup> September 2020 at 18:30.

Usual location - **Betteshanger Country Park**

To ride each event, you will need to add your name to the post on the TRC Facebook page for the event.

As a member, each week you will receive an email from the club confirming the entry page is open on Facebook.

For the few that don't have Facebook access contact the club secretary and he will add your entry to the Facebook post for the event you want to ride.

If you are on the Facebook list and not made the 1st 50 you will gain automatic entry to next Time Trial the following week.

As ever all entries are on a first come (sign up) basis.

If you are able to marshal for us, thank you, please also add your name to the post.

Please do this up to 24hrs prior to each event.

Please don't just turn up on the day of the event.

Remember before attending, please make sure that you or other members of your household have not experienced any symptoms of new cough, temperature, loss of normal taste or sense of smell in the last 14 days.

Entrants will be limited to the first 50 riders to register.

As the evenings drawn in, we will keep the field at 50 and reduce the start times to every 30 seconds.

You can arrive and park in the carpark until 17:30 (normal closing time for country park)

From 17:45 until 18:20 the entrance gate will be manned and only open to allow entry TRC members who are riding or marshalling.

Please observe social distancing at all times when parking, signing on, warming up, at start, and after the event.

As with any TT drafting is not permitted.

Sign on will be located in the carpark.

You will need to bring your own pen to be able sign on.

No numbers will be issued, you will need to remember your number, your start time and remember to SHOUT it to the timekeeper when crossing the finish line.

Payment for entry will be by bank transfer to the club by 9<sup>th</sup> September 2020.

TRC members, 1<sup>st</sup> and 2<sup>nd</sup> claim £5.00 per event ridden

TRC junior members £2.00 per event ridden

After 2<sup>nd</sup> September 2020 details of bank transfer will be sent to members who sign on to ride any event. We will use the email address you have registered with British Cycling.

You can warm up on the track from 17:30 until 18:20 (look up as marshals may not be in place), usual TT direction on the track.

You are encouraged not to arrive at the start line until 3 minutes prior to your start time.

Normally individual riders will start at 1-minute intervals

From 19<sup>th</sup> August 2020 riders will start at 30 second intervals

There will NOT be a pusher off.

Marshalls and timekeepers will be in place around the track.

Have a safe and enjoyable ride!

On completion of your ride please return to the carpark and vacate the Country Park as soon as practicable.

When exiting the track at the start position please do this in a purposeful manner and do not linger on the track impeding the progress of those still completing.

There will be a TRC representative to open the Country Park gate from 19:30ish to allow riders to leave.

Everyone must ensure they have left the Country Park by 20:00 when gates will be locked

Times will be posted on TRC website.

Please do not approach the timekeepers, no times will be available on the night.

These are our current guidelines and they will be amended if required.

If you have any improvement suggestions please contact the club secretary.