

Health and Safety Risk Assessment

Name(s) & position of person(s) carrying out the assessment:

TRC Committee

Date:

07/10/2014

Assessment
Reference No.

TRC-SR-1

1.0 Scope of the risk assessment

The environment covered by the club run. Public roads in Kent and some non technical off road areas.

2.0 Description of Activity; Process;

Weekly club social rides

3.0 Location of activity, area, section or site address.

Meeting at various locations detailed on the club website at:
<http://www.thanetrc.org/social-riding.shtml>

4.0 Date of last assessment:

Oct-14

5.0 Documents reviewed

British Cycling
Best Practice
Guidelines

6.0 Have any actions from previous assessment not been completed?

Activity Hazards

Health & Safety Risk Assessment

Assessment
Review Date

07/10/2014

Level 1 assessment

Activities Producing Hazard	Haz No	Hazard Description	Existing Precautions	Is Hazard Adequately controlled?		If the hazard is not adequately controlled : Required precautions, control measures or other actions	What is the level of risk following the implementation of the additional precautions and/or control measures?		
				Yes	No		Severity 1-5	Likelihood 1-5	Risk
Cycling on the open road.	1	POSSIBLE INJURIES CAUSED BY IMPROPER USE OF ROADS	Riders referred to BC Guildlines, Highway Code & TRC Website:	YES			3	1	4
Exposure to the elements, hot & cold weather.	2	Sunstroke, heatstroke & hypothermia	Riders referred to BC Guildlines, Highway Code & TRC Website:	YES			3	1	4
Cycling on the open road.	3	Head Injuries	Riders referred to BC Guildlines, Highway Code & TRC Website:	YES			5	1	6
Cycling on the open road.	4	Being hit by other road users.	Riders referred to BC Guildlines, Highway Code & TRC Website:	Yes			5	1	6

Activities Producing Hazard	Haz No	Hazard Description	Existing Precautions	Is Hazard Adequately controlled?		If the hazard is not adequately controlled : Required precautions, control measures or other actions	What is the level of risk following the implementation of the additional precautions and/or control measures?		
				Yes	No		Severity 1	Likelihood 1	Risk
							5	5	
Falling from cycle.	4a	Damage to hands if breaking a fall,	Riders refered to BC Guildlines, Highway Code & TRC Website:				2	2	4

Physical Layout Hazards

Health & Safety Risk Assessment

Assessment
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07/10/2014

Level 1 assessment

Physical Layout Producing Hazard	Haz No	Hazard Description	Existing Precautions	Is Hazard Adequately controlled?		If the hazard is not adequately controlled : Required precautions, control measures or other actions	What is the level of risk following the implementation of the additional precautions and/or control measures?		
				Yes	No		Severity 1-5	Likelihood 1-5	Risk
British roads	2	Collision with other road users	Riders refered to BC Guildlines, Highway Code & TRC Website:	YES			4	2	6
British roads, street furniture & foriegn obsticles	3	Collisions with the roads and objects.	Riders refered to BC Guildlines, Highway Code & TRC Website:	Yes			3	2	5
Car-free environments/training areas & circuits	4	Collisions with the roads and objects.	Riders refered to BC Guildlines, Highway Code & TRC Website:	YES			3	1	4
Non technical off road car free areas	5	Collisions with the ground and objects.	Riders refered to BC Guildlines, Highway Code & TRC Website:	YES			3	1	4

Machinery, equipment and vehicle hazards

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16.10.09

Level 1 assessment

Machinery, equipment or vehicle producing the hazard	Haz No	Hazard Description	Existing Precautions	Is Hazard Adequately controlled?		If the hazard is not adequately controlled : Required precautions, control measures or other actions	What is the level of risk following the implementation of the additional precautions and/or control measures?		
				Yes	No		Severity 1-5	Likelihood 1- 5	Risk
Cycles	1	Harm caused by badly set-up cycle	Riders referred to BC Guildlines, Highway Code & TRC Website:	yes			4	1	5
Bad or in appropriate clothing	2	cause of accident or over heating or over cooling	Riders referred to BC Guildlines, Highway Code & TRC Website:	yes			2	1	3

7.0 Summary

These activities will be lead for navigation only. A "leader" will identify themselves and will provide navigational assistance. They are not their to coach riders or be responsible for the saftey or actions of others.

8.0 Distribution record

9.0 Manager responsible for the process/activity

10. Signed

Date: