

## Thanet Road Club (TRC)– Evening 10 Time trials 2025 guidance

### Guidance for 2025 (25 Feb 2025)

We are planning to run individual time trials for TRC members 1<sup>st</sup> and 2<sup>nd</sup> claim and guests, following the current published Time Trial Schedule on the TRC website.

It will be our usual location - **Betteshanger Country Park**.

#### **New for 2025: Guests riders (from other clubs)- Register your interest with TRC [TRC SEC](#)**

As a registered guest you will receive a weekly email from TRC inviting you to ride the weeks event (Google form).

**TRC members and guests** - Fill in the form and turn up to ride, following the '[Entry to TRC Club time trials](#)' below.

Riders who do not turn up after registering will be removed from our mailing list.

Events are NOT turn up and ride.

As always members of other cycling clubs are welcome to join TRC as second claim members.

This is the link to join (second claim £16:00)

<https://www.thanetrc.org/join-the-club/>

If you are new to time trialling and want to 'come and try', you will be very welcome to 'ride for free' for a couple of events see if you like it. Contact the Club Secretary who will send you the 'Google form' (see below) to register to ride.

After riding a couple of events, assuming you have liked it, the expectation would be that you would join the club and help us cover our costs for running the events.

#### Entry to TRC Club time trials:

All Thanet Road Club members/registered guests will be sent an e-mail through our British Cycling portal in advance of each club time trial.

The e-mail will contain a link. Guests will also be sent the same link.

Clicking on the link will take you to a 'Google form' for Thanet Road Club.

To ride you will need to complete the form and submit it.

The entry form will close 24 hours before the event (18:30 each Tuesday).

If you are an individual entrant complete the individual rider section and leave 'individual rider (family)' section blank.

If you are entering other members of your family, you can use the same form using 'individual rider (family)' sections.

No other multiple entries will be considered.

In the form you will need to include the vehicle registration number for the vehicle you are using when attending the event (if you are not bringing a vehicle enter CYCLING into this question on the Goggle form). **IMPORTANT:** Failure to complete this section correctly may result in a parking charge for your vehicle.

Each form submitted will receive an on-screen confirmation your entry.

If you are 'confirmed' you will get a place on the start sheet for the event that week.

Your number and start time will be advised at Betteshanger when you 'sign on' at the event.

The start sheet will not be available prior to the event.

#### **Please only enter the event if you are planning to ride.**

If you try and enter the event and it is already full or closed you will receive a response advising you the event is closed and no longer accepting entries.

You will be prevented by the system entering more than once for each event.

The system may also prevent you from re-entering from the same device if you have entered already  
Entries are on a first come-first serve basis- TRC members – guests.

#### Q&A

Q: What should I do if I have entered one of these events and then know I will be unable to ride?

A: E-mail [TRC secretary](#)

A: OR on the day - Contact Michael Friend, Andy McCall, Paul Griffiths, or Simon Henderson and let them know

#### MARSHALS/TIMEKEEPERS:

If you can marshal for us – Thankyou

Please contact Michael Friend, Andy McCall, Paul Griffiths, or Simon Henderson and let them know you can help.

Without you we may not be riding. Riders may be asked to give up a ride and help if we are short of helpers on the day.

As a marshal/timekeeper and you are driving to Betteshanger E-mail TRC secretary / let us know at sign on the registration number of the vehicle you will be driving.

#### ATTENDING THE EVENT:

When you arrive park in the 'coach' carpark. (Normal closing times for country park change, you will need to check at Betteshanger). Your free parking period is for 2 hours. Please be considerate to others when parking, signing on, warming up, at start, and after the event.

Sign on will be in the coach carpark – back of a car.

Numbers may not be issued, so, you will need to remember your number, your start time and remember to SHOUT it to the timekeeper when crossing the finish line, otherwise you may not get a time!

As with any TT drafting is not permitted.

Remember that TRC club events are not run under Cycling Time Trials (CTT) regulations, although we do follow many of the same requirements. Helmets are compulsory for all riders at Betteshanger. From 2022 CTT are requiring all machines to have both front and rear lights (either flashing or static), fitted and working. We are encouraging this but it is not compulsory for our club events. Reminder that other events run at Betteshanger may run following all CTT regulations.

If warming up before the event, cycle in the direction indicated on the track (clockwise) until 18.30

**This is the opposite direction from the actual time trial.**

Please make sure you are off the track and at the start by 18:30.

Normally individual riders will start at 1-minute intervals. To help with timings, sometimes more than 1 rider will start at the same time, this will be advised prior to starting.

The number of entrants will be limited.

We can adapt to allow riders to ride in different formats- e.g. Let us know when you sign up if you are doing a 2 up TT.

Marshalls and timekeepers will be in place around the track at crossing points.

**HEADS UP - Please look out for other members of the public who may be using the park facilities or setting up for other events at the park- cycling or driving motor vehicles in the opposing direction  
Have a safe and enjoyable ride!**

When your ride is complete and you are leaving the track (by the start), please do this in a purposeful manner and do not linger on the track impeding the progress of those still completing.

Please vacate the Country Park as soon as practicable after your ride.

Betteshanger Country Park staff will open the gates to allow riders to leave.

Everyone must ensure they have left the Country Park by 20:00 when gates will be locked.

This helps the club from incurring extra costs.

Times will be posted on TRC website prior to the next event.

Please do not approach the timekeepers, times may be available on the night.

#### PARKING:

TRC will provide vehicle registration numbers provided on the Google form to Betteshanger within 48 hours of the event.

Betteshanger will waive the parking charge for each event for 2 hours only.

If you go to Betteshanger at any other time you will need to pay for parking for your vehicle.

#### PAYMENT for your Time-Trial:

Payment for entry will be by bank transfer to the club at 2 times during the season.

TRC members, 1<sup>st</sup> and 2<sup>nd</sup> claim £8.00 per event ridden

TRC junior members 1<sup>st</sup> and 2<sup>nd</sup> claim £4.00 per event ridden

Junior Guests, £4.00 per event ridden

Guests (Senior), £10.00 per event ridden

Prior to the payments being due, bank transfer details will be sent to all those who have ridden. We will use the e-mail address you have registered with British Cycling/TRC

To help with club cashflow/administration it would be appreciated if you can make the payments when requested.

Those who do not pay when requested may be restricted from entering subsequent events.

These are our current guidelines and they will be amended if required.

If you have any improvement suggestions or other questions, please contact the club secretary.